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Please consider a review
or feature of *Never Trust a
Thin Cook* or an interview
with the author. Please
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NEVER TRUST A THIN COOK AND OTHER LESSONS FROM ITALY'S CULINARY CAPITAL BY ERIC DREGNI

FOR IMMEDIATE RELEASE

**The food-obsessed chronicle of an American's three years in Italy—now
available in paperback**

I simply want to live in the place with the best food in the world. This dream led Eric Dregni to Italy, first to Milan and eventually to a small, fog-covered town to the north: Modena, the birthplace of balsamic vinegar, Ferrari, and Luciano Pavarotti. *Never Trust a Thin Cook* is a classic American abroad tale, brimming with adventures both expected and unexpected, awkward social moments, and, most important, very good food.

What begins as a gastronomical quest soon becomes a revealing, authentic portrait of how Italians live and a hilarious demonstration of how American and Italian cultures differ. *In Never Trust a Thin Cook*, Eric Dregni dishes up the sometimes wild experiences of living abroad alongside the simple pleasures of Italian culture in perfect, complementary portions.

Eric Dregni is author of twenty books, including *In Cod We Trust*, *Vikings in the Attic*, and *For the Love of Cod*, all published by the University of Minnesota Press. He is professor of English, journalism, and Italian at Concordia University in St. Paul, Minnesota, and dean of the Italian Concordia Language Village.

PRAISE FOR *NEVER TRUST A THIN COOK*

"Dregni's essays easily and deftly draw the reader into the rhythm of his Italian community—a trait he shares with Frances Mayes (*Under the Tuscan Sun*), although readers will find him rather more attuned to the quiet humor of the everyday. This witty and evocative culinary memoir will appeal to food lovers, those interested in Italy and Italian culture, and anyone who enjoys a good travel narrative." — *Library Journal*

"This is a splendid book for anyone who appreciates Italy and its people and to reminisce about their own experiences. It is funny, educational and enduring. Eric Dregni, the raconteur, uses his skillful writing to embrace each and every tale. I highly recommend this fabulous book, read it, you will not be sorry."
— *The Boston Post-Gazette*

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